

**PROCEEDINGS OF THE COMMISSIONER OF SCHOOL EDUCATION
ANDHRA PRADESH : AMARAVATI**

File No: ESE02-27021/132/2019-MDM-CSE-1

Date: 08-01-2020

Sub: School Education – Mid-Day Meal Scheme – Revision of Menu – Measures to be taken in implementation – conducting Master-Level training programme to CCHs on 10th January 2020 – Deputing the teacher/ cooks Instructions issued – Regarding.

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All the District Educational Officers in the State are informed that the Mid-Day Meal programme is a flagship programme aiming at enhancing enrolment, retention and attendance and simultaneously improving nutritional levels among children studying in Government, Local Body and Government-aided primary and upper primary schools and the Centres run under Education Guarantee Scheme (EGS)/ (AIE) & NCLP schools.

The Hon'ble Chief Minister has personally reviewed the persistence of malnutrition among children and changes in the existing Menu being provided to the children. The Hon'ble Chief Minister has directed for initiating immediate steps to revise the existing Menu as acceptable, tastier, nutritious and cost effective one and providing additional nutritious food (Peanut-Jaggery Chikki/laddu) to all the children in the State.

As per directions of the **Hon'ble Chief Minister** the Newly proposed weekly menu plan for MDM Scheme is as follows:

Day	Menu Items for Mid day meal
Monday	Cooked Rice (<i>Annam</i>), Pappu-charu Egg-curry (<i>Guddu koora</i>)
Tuesday	Tamarind/lemon/mangorice (<i>Pulihora</i>), Dhal with Tomatoes (<i>Tomato-pappu</i>) Boiled Egg (<i>Udikinchina guddu</i>)
Wednesday	Vegetable-Rice (<i>Kooragayala-annam</i>), Aloo Khurman Boiled-Egg (<i>Udikinchina guddu</i>)
Thursday	Kitchidi (with green gram Dhal), Tomato-chutney Boiled-Egg (<i>Udikinchina guddu</i>)
Friday	Cooked Rice (<i>Annam</i>) Dhal with green leaves (<i>Akukoora pappu</i>) Boiled-Egg (<i>Udikinchina guddu</i>)
Saturday	Cooked Rice (<i>Annam</i>), Sambar Sweet-pongali (<i>Theepi-pongali</i>)

In addition to the above it is proposed to provide Peanut-Jaggery Chikki/Balls (25 grms per child) for three days in a week as supplementary nutrition. The Menu and

supplementary nutrition are going to be implemented with effect from the date of reopening of schools after Pongal holidays.

For an effective and systematic implementation of the programme it is proposed to conduct one day training programme/workshop intended to train the Cook-cum-Helpers on revision of menu and supplementary nutrition under MDM in the State. The Training programme/ workshop will be held on 10th January 2020 *in the* office of the Commissioner of School Education, Amaravati located at Ibrahimpattanam Krishna district.

The workshop will be held under the directive of Commissioner of School Education and the Nutrition Experts will provide technical inputs and facilitation at the workshop.

The District Educational Officers are, therefore, requested to select the following number of teachers/ cooks from each district and depute for the training programme/ workshop:

1. Assistant Director (MDM)
2. One Female Teacher/ HM.
3. Four Cook-cum-Helpers.

The District Educational Officers are requested to identify the Cooks, who can understand in the training programme and able to train other cooks in District/ Mandal level training programmes. An interested woman teacher shall accompany them.

It is also proposed to conduct District/Mandal Level training programmes during 17-20 of January 2020. The District Educational Officers are requested to chalk out the day-wise schedule for District Level / Mandal Level training programmes covering all the cooks in the district. The expenditure for conducting these training programmes shall be met from the MME funds under MDM scheme. Necessary budgetary provision is also being made available for the programme.

The TA/DA for the participant Assistant Director & the teachers shall be claimed from their respective Districts as per rules and for the Cooks the amount shall be met from the MME funds of MDM.

V.China Veerabhadru,
COMMISSIONER OF SCHOOL EDUCATION

To

All the District Educational Officers in the State.

Copy submitted to the Principal Secretary to Government, School Education Department, Government of AP for information.

// true copy attested //


ASSISTANT DIRECTOR (MDM)
